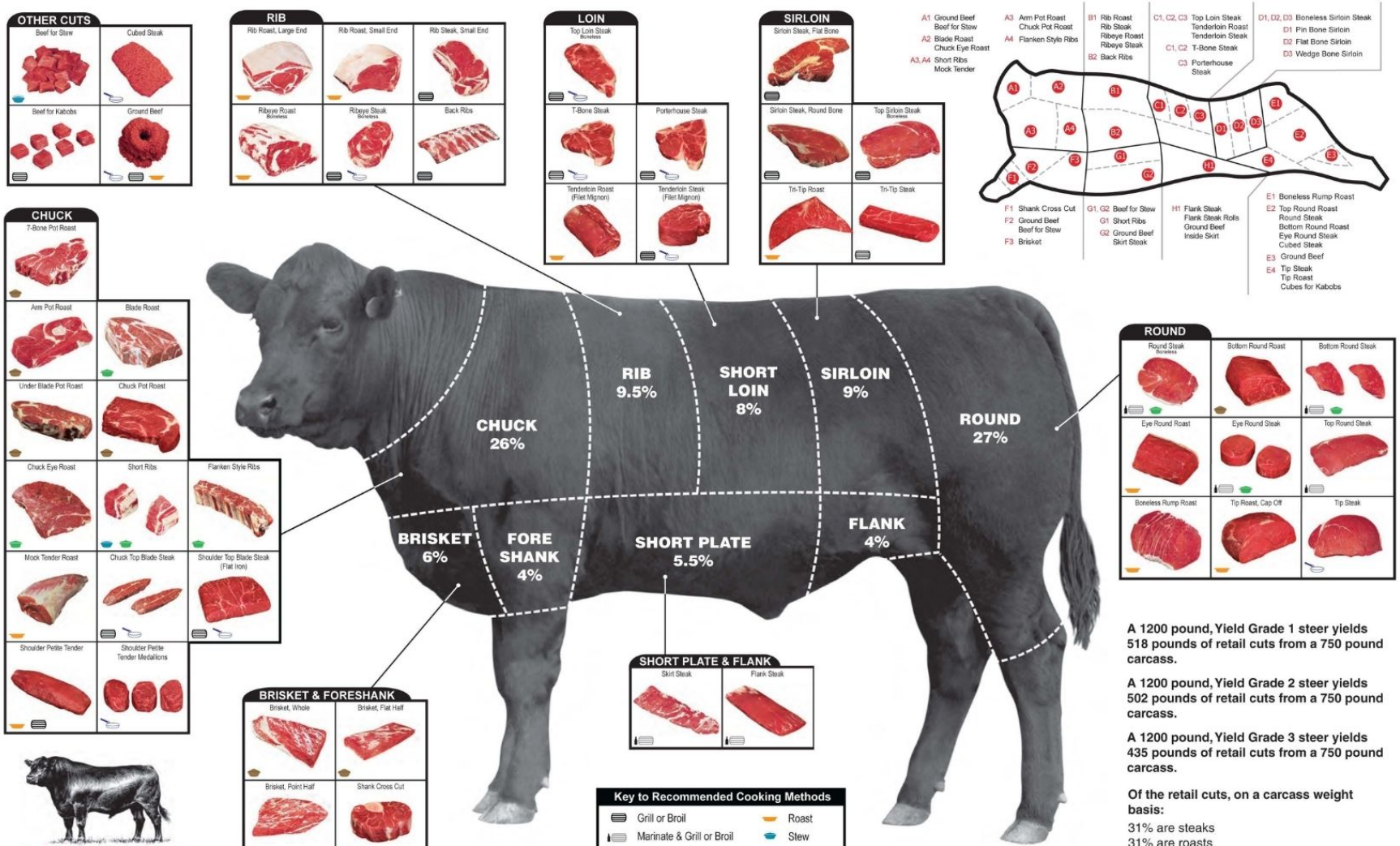
Oklahoma Beef Market
Ranch to Table Beef
Hulbert, Oklahoma

ANGUS BEEF CHART



A 1200 pound, Yield Grade 1 steer yields 518 pounds of retail cuts from a 750 pound carcass.

A 1200 pound, Yield Grade 2 steer yields 502 pounds of retail cuts from a 750 pound carcass.

A 1200 pound, Yield Grade 3 steer yields 435 pounds of retail cuts from a 750 pound carcass.

Of the retail cuts, on a carcass weight basis:

31% are steaks
31% are roasts
38% is ground beef and stew meat

American Angus Association
3201 Frederick Ave., St. Joseph, MO 64506
(816) 383-5100 • www.angus.org

Meat cut photos and key to recommended cooking methods courtesy of The Beef Checkoff.
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